

## MENU – Week 5

	BREAKFAST	LUNCH	VEGETARIAN	PUDDING	AFTERNOON SNACK
MONDAY	Cereal/Toast/Milk	Fusilli Pasta with a Creamy Mushroom Sauce, Mixed Salad and cheese		Melon & Pineapple	Make your own Couscous Salad
TUESDAY	Cereal/Toast/Milk	Kedgerree with Boiled Eggs and Petit Pois	Vegetable Kedgerree with Boiled Eggs and Petit Pois	Mixed Berries and Yoghurt	Pizza with Vegetable Sticks
WEDNESDAY	Cereal/Toast/Milk	Shepherd's Pie with Mixed Vegetables	Vegetarian Shepherd's Pie with Mixed Vegetables	Yoghurts	Make your own Pasta Salad
THURSDAY	Cereal/Toast/Milk	Jerk Chicken with Rice, Peas and Coleslaw	Jerk Quorn with Rice, Peas and Coleslaw	Watermelon	Homemade Soup
FRIDAY	Cereal/Toast/Milk	Butternut Squash and Feta Quiche with Salad		Bananas & Custard	Make your own Sandwiches

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